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*Vision St. Michael's At Madge – A year round refuge nestled in Duck Mountain Provincial Park,  
where sending out roots and spreading your wings is part of every camp adventure.*

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## Camp Checklist

Here is a checklist of what you should bring to camp:

- Toiletry kit (toothbrush, toothpaste, soap, shampoo, conditioner, deodorant, comb/brush, facecloth etc.)
- 2 towels (showers)
- Mitts/ gloves (2 pairs)
- Toque
- Neck warmer or balaclava
- Water bottle
- Sleeping bag, pillow, extra blanket, bed sheet
- Pyjamas
- 6-8 pairs of underwear
- 6-8 pairs of socks
- 4 pairs of pants
- 6-8 t-shirts
- Jacket/fleece (for layering)
- Winter jacket/ Ski pants
- Ski goggles (optional)
- 2 pairs of shoes i.e. runners/winter boots
- Rosary (if you have)
- Flashlight
- Cards or books (to be used during rest period)
- Sled or crazy carpet
- Ice skates and helmet (if you have)
- 1 box of cereal per family for sharing with others for breakfasts **\*NUT FREE\***
- A positive attitude and a readiness to have fun!!

Please do not bring any electronic devices – MP3 players, Ipods, stereos, handheld games, cell phones, etc. IF YOU BRING ONE OF THESE DEVICES YOU CAN EXPECT TO HAVE IT CONFISCATED AND NOT RETURNED UNTIL THE LAST DAY OF CAMP. Parents/guardians can speak to the camp director if special circumstances are required.

Please make sure to label all of your belongings clearly.

See you soon!