



Vision – St. Michael's At Madge – A year round refuge nestled in Duck Mountain Provincial Park, where sending our roots and spreading your wings is part of every camp adventure.

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FAMILY SUMMER CAMP PACKING LIST

Here is a checklist of what you should bring to camp:

- Toiletry kit (toothbrush, toothpaste, soap, shampoo/conditioner, deodorant, comb/brush, facecloth)
- 2 towels (for beach and showering)
- Sunscreen
- Bug Spray (we suggest with deet)
- Reusable water bottle
- Hat
- 1-2 pairs pajamas
- 3-4 pairs of underwear
- 3-4 pairs of socks
- 1-2 pairs of pants
- 3-4 shirts (1-2 long sleeved)
- 2-3 pairs shorts
- 1-2 sweaters
- 1-2 bathing suits (one pieces preferred, campers required to wear a tank top over bikinis/two pieces)
- Jacket (preferably one that is water-resistant for rainy weather)
- 3 pairs footwear (runners, sandals, rubber boots)
- Sleeping bag or quilt, pillow, extra blanket, bed sheets
- If child is under 50lbs, bring life jacket for them as we don't have that small a size
- Favourite stuffed animal or doll
- Rosary (*if you have*)
- Flashlight
- Playing cards or books (to be used during rest period)
- Beach bag (any bag to carry your belongings in)
- Glasses or contacts, if worn
- Medication, if required
- After bite, hand sanitizer, sunglasses, face mask, touque (*optional*)
- Anything you need for your family to be comfortable (stroller, high chair etc)

We aim for an “unplugged” week at camp so everyone can get to know each other and be present in the moment. Please bring the minimal amount of technology (cell phones, ipods, ipads, handheld games). Campers are not permitted to have these devices during the day as they can be a distraction from activities.

* Please do not bring any snacks that contain nuts*

Please make sure to label all of your belongings clearly.

See you soon!